

North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

NC-TOPPS

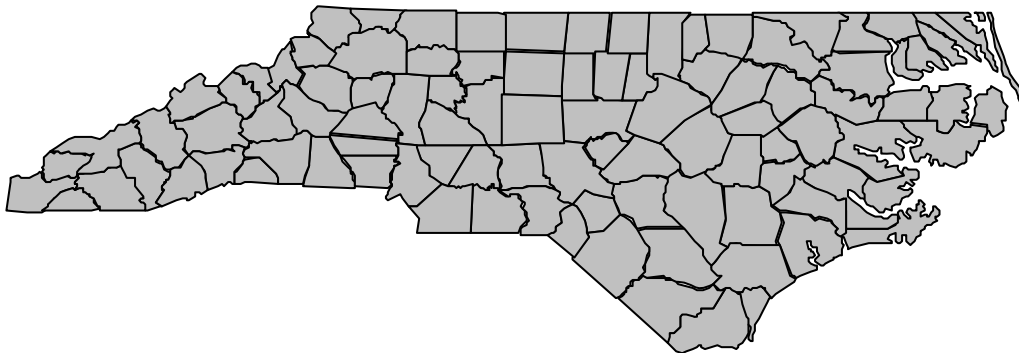
North Carolina Treatment Outcomes and Program Performance System

**Adult Mental Health Consumers:
Eastpointe LME**

Initial Interviews

July 1, 2007 through June 30, 2008

This report includes consumers receiving only mental health services, and those receiving both mental health and substance abuse services.



Data Collected By:

Center for Urban Affairs and Community Services (CUACS)
NC State University

Report Produced By:

Institute for Community-Based Research
National Development & Research Institutes, Inc. (NDRI)

Prepared For:

Quality Management Team
Community Policy Management Section
DMH/DD/SAS
NC DHHS

July 2008

Introduction

This type of report is available to Local Management Entities, providers and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on data gathered for mental health consumers through the North Carolina Treatment Outcomes and Program Performance System (NC-TOPPS). It provides information gathered through the online NC-TOPPS Initial Interview and includes six pages of charts, tables and text information on mental health consumers' demographic characteristics, symptoms, behaviors and activities, service needs, supports and barriers, family and housing issues and outcome measures collected through an interview with the consumer at the beginning of their treatment. It should be noted that not every data element or response category on the NC-TOPPS Initial Interview is displayed in this report.

Please note that the charts and tables may not always match online queries that you may conduct. The data used in these reports will not necessarily reflect the same points in time. In addition, NDRI who produces these reports cleans the data and removes apparent duplicates prior to preparing the tables and charts.

Additional information about NC-TOPPS and printable version of the interviews are available at <http://www.ncdhhs.gov/mhddsas/nc-topp>

General Information on Interpreting Tables

Types of Statistics	<ul style="list-style-type: none">▶ A <u>count</u> shows the actual number (often designated by the letter “n”) of clients.▶ A <u>percentage</u> is the number of clients with a characteristic or behavior divided by all the clients in the group of interest multiplied by 100. Percentages will be designated with a % sign next to the number.▶ An <u>average</u> is the sum of a set of numbers divided by the number of numbers in the set. When a number in a cell is an average, the word average will appear in the row descriptor.▶ A <u>median</u> is the middle number in a set of numbers, arranged from lowest to highest. For example, the median for the following numbers: 9, 12, 12, 15, 17, 20, 22, 23, 25, 28, 31, 35, 62 is the bolded number, 22. Medians are important measures of central tendency, especially when a mean may be skewed by a very high or very low value. When a number in a cell is a median, the word median will appear in the row descriptor.
Missing Data	For many of the NC-TOPPS forms received, a particular item or question may have been left blank. In calculating the means, medians, and percentages in cells of questionnaire items, this missing data is excluded from the calculation. For example, program X may have submitted 50 assessments but in 2 of the assessments, gender was left blank. When the percent of males is calculated, the 25 males are shown as 52% (25/48*100).
Denominator	The denominator for nearly all percentages is the number of cases shown on the bottom left of the page minus item missing data. All exceptions to this general rule are specifically noted with appropriate text in the graphic or table. This text will state which group is included or excluded from the denominator, such as "of those in the labor force" or "of those with children."
Multiple Response	“Multiple response” indicates a “mark all that apply” type question in which more than one response to a question is allowed. The total of responses may add to greater than 100%. Examples are health insurance or target population. This is in contrast to items such as gender where only a single response is allowed.
Definitions of terms	The appendix at the end of the report gives definitions of acronyms, abbreviations, and other terms used in this report.
Special notes:	



Initial Assessments Received July 1, 2007 through June 30, 2008
Adult Mental Health Consumers
Eastpointe

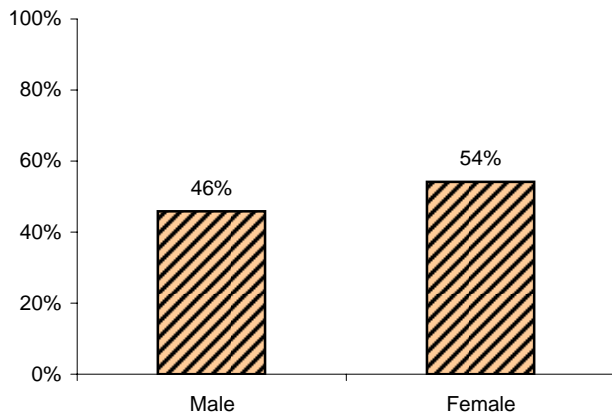
This table shows the number of consumers in this report by provider.

Provider	City	ProviderID	Number
A Better Child, Inc.	Ayden	2133	3
A+ Absolute Care, Inc.	Raleigh	1447	5
ACI Support Specialists	Wallace	2898	1
ACTS, Inc.	Beulaville	2097	5
ACTS, Inc.	Clinton	1289	81
ACTS, Inc.	Fayetteville	1633	34
ACTS, Inc.	Kenansville	2332	89
ACTS, Inc.	Kinston	2099	93
Abilities, Inc.	Kinston	2059	3
Alpha Omega Health, Inc.	Kenansville	1956	1
Alpha Omega Health, Inc.	Wilmington	563	1
Ambleside	Kinston	1254	2
Ambleside	Snow Hill	2280	1
Area Services and Programs	Warsaw	714	5
Autumn Falls, Inc.	Goldsboro	2092	4
Barbara's Love and Care	Kinston	2225	7
Barbaras Loving Care	Kinston	1244	8
CNC Access/Health Services Personnel	Kinston	830	79
CNC/Access	Goldsboro	1243	6
CNC/Access	Warsaw	705	3
Candii Homes	Clinton	1902	4
Cardinal Clinic	Fayetteville	2635	1
Caring Community Services	Goldsboro	2501	4
Caring Family Network	Goldsboro	1698	1
Carolina Focus	Kinston	1495	3
Carolina Residential Services	Garner	1702	5
Christian's House of Hope, Inc.	Willard	2123	4
Community Alternatives (Educare)	Kinston	1881	1
Coordinated Health Services	Clinton	1115	7
Coordinated Health Services	Kinston	542	1
Coordinated Health Services	Morrisville	817	1
Country Pines, Inc.	LaGrange	2261	3
Crossroads Healthcare	Wallace	2498	2
Duplin Sampson Group Homes	Clinton	2416	2
East Cove Psychiatric Services PC	Kinston	2598	1
Easter Seals UCP/Area Services and Programs	Clinton	759	33
Easter Seals UCP/Area Services and Programs	Goldsboro	590	32
Elite Care, Inc.	Williamston	2037	1
Essential	Kenansville	2524	15
Family First Support Center, Inc.	Mount Olive	1606	28
Family Works Psychological Center	Goldsboro	2264	70
Family Works Psychological Center	Wilmington	558	108
HUGGS/Peterkin and Associates	Fayetteville	1919	3
Harbor House	Goldsboro	2262	12

Harvest House	Dunn	2060	3
Hawthorne Services	Goldsboro	1182	2
Healthcare Connections of the Carolinas	Clinton	1961	14
Healthcare Connections of the Carolinas	Roseboro	2056	10
Helping Hands Care Management Service Inc	Wallace	2795	1
Helping Hands Care Manangement	Rose Hill	1587	6
Hope In The Carolina	Roseboro	1620	19
Hope of Sampson County	Clinton	1200	1
Howell Support Services	Goldsboro	741	2
Joseph's Community Support Services	Kinston	2719	3
Kristi's Homes, Inc.	Kinston	1437	2
Life, Inc.	Goldsboro	376	20
Life, Inc.	Kenansville	1163	2
Lyngrette Enterprises	Kinston	1804	5
Manuel Supportive Living Services	Kinston	2074	4
Mary's Loving Arms Adult Care	Kinston	1980	4
May Frances Partnership in Caring	Snow Hill	1480	1
Mid-State Health Systems	Hope Mills	1921	1
Mid-State Health Systems	Kenansville	2232	9
NC Mentor Network	Goldsboro	1868	1
Neuse Enterprises, Inc.	Kinston	1312	3
New Dimension Group LLC	Rose Hill	2230	7
Omni Visions, Inc.	Clinton	2468	1
PORT Human Services	Kinston	1224	52
Parakletos Services, Inc.	Greenville	2400	3
Passionate Care Community Support Services, LP	Goldsboro	2680	3
Peterkin and Associates, Inc.	Clinton	2481	29
Peterkin and Associates, Inc.	Goldsboro	2348	48
Precision Healthcare	Kinston	2448	9
Preferred Alternatives, Inc.	Goldsboro	2088	17
Preferred Alternatives, Inc.	New Bern	1643	2
Professional Group Living	Clinton	1847	4
Professional Group Living	Durham	1871	3
Professional Group Living	Goldsboro	2560	2
Quality Concept, Inc	Dudley	2442	6
Quality Concept, Inc	Mount Olive	2500	1
RALM, Inc.	Fayetteville	854	1
RASS, Inc.	Warsaw	1002	16
Remnant Home Health Care	Clayton	1916	4
Renu Life, Inc.	Goldsboro	2394	22
Skill Creations, Inc.	Wilson	1085	1
Southeastern United Care	Pembroke	2139	13
St. Mary's Home Care Agency	Clinton	2122	1
Stevens Healthcare Agency, Inc (aka Sky Rizer's Family Center, Inc.)	Jacksonville	1696	4
Sunshine Home	Saratoga	2090	9
Tar Heel Human Services - MH Division, Inc.	Beulaville	636	70
The Lawsons House	Harrells, Wallace	1511	34
Tri-County Community Health Center	Dunn	2597	11
Triangle Comprehensive Health Services, Inc.	Durham	1839	4
Universal MH/DD/SAS	Warsaw	2347	1

Upscale Residential Care, Inc.	Kenansville	2398	2
Upscales Residential Care	Roseboro	1300	1
Visions of Care	Goldsboro	1940	11
WATCH (What About the Children)	Warsaw	1941	7
Wayne Opportunity Center	Goldsboro	2376	7
Waynesboro Family Clinic	Goldsboro	1241	474
White Alternative Services, Inc.	Clinton	2611	11
White Oak Homes II, Inc.	Mt. Olive	2006	2
Yelverton's Enrichment Services, Inc.	Snow Hill	1471	3
Total			1782

1-1: Gender



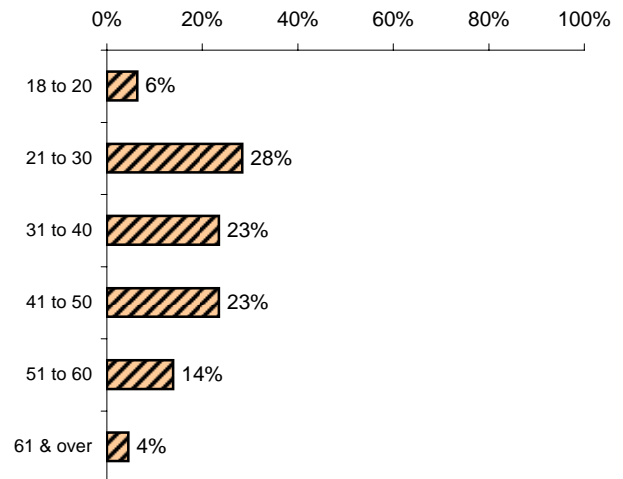
1-2: Hispanic Origin

Of the Eastpointe consumers, 3% indicate that they are of Hispanic, Latino, or Spanish origin.

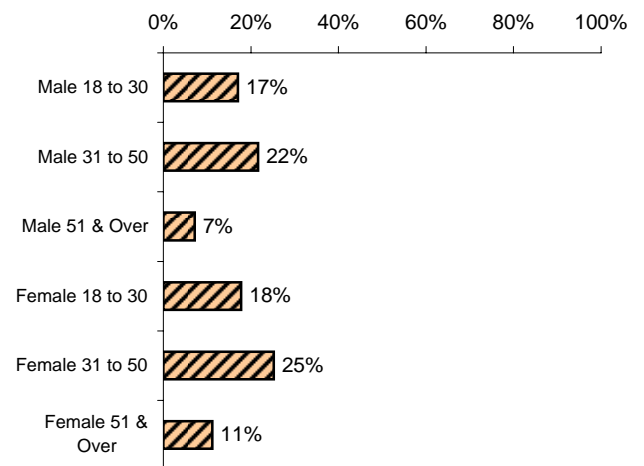
1-3: Race/Ethnicity



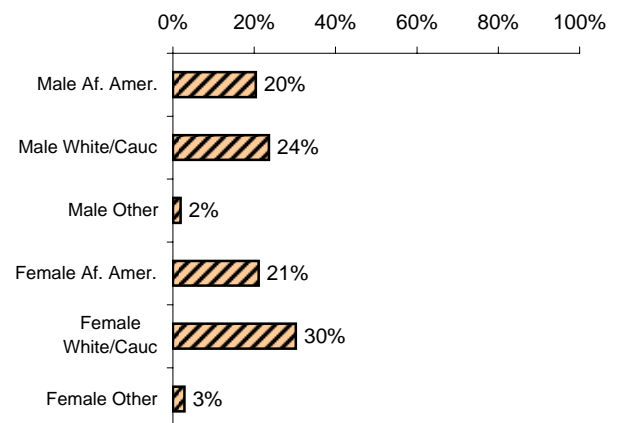
1-5: Age Group



1-6: Gender and Age



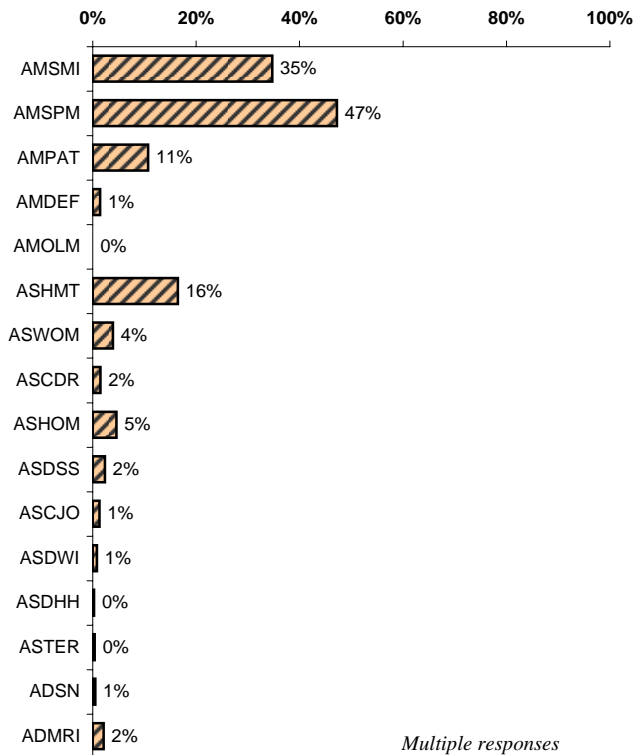
1-7: Gender and Race/Ethnicity



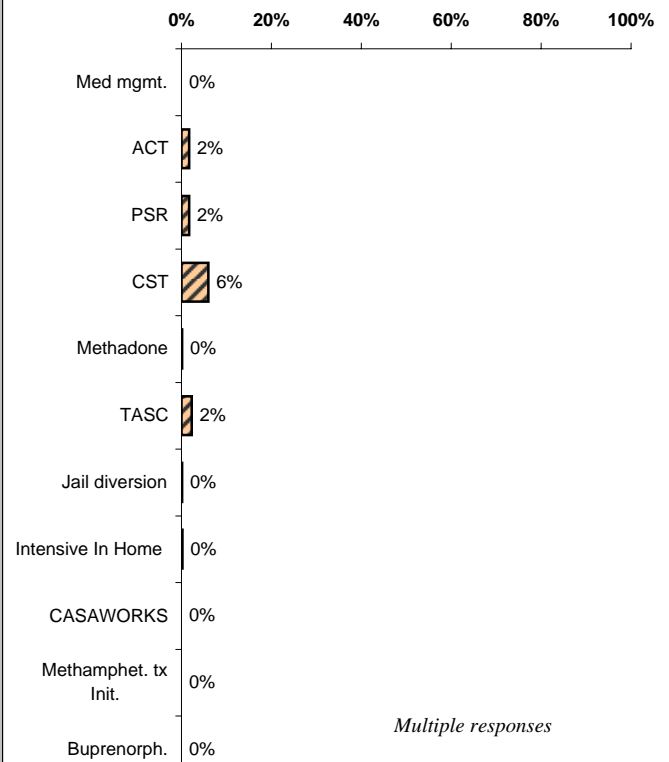
1-4: Legal Guardian and Designated Payee

Has designated payee	15%
Has legal guardian	4%

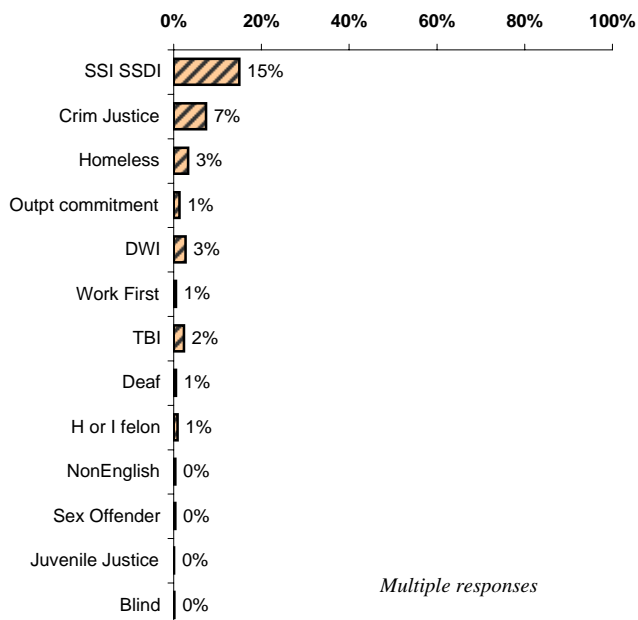
2-1: IPRS Target Populations



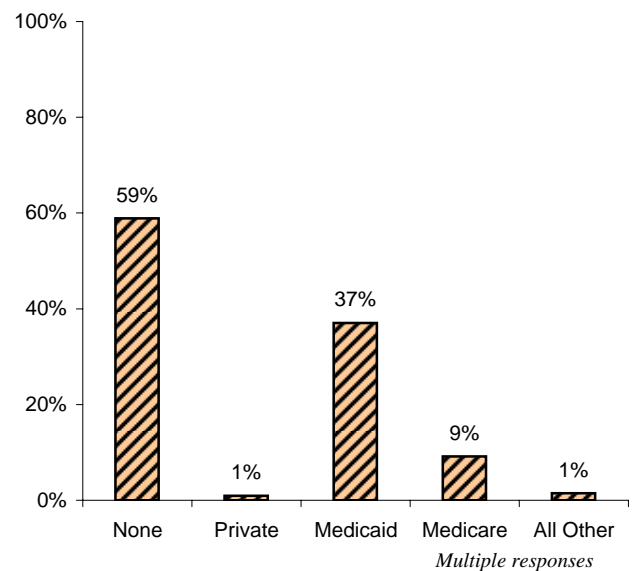
2-3: Special Programs



2-2: Special Populations



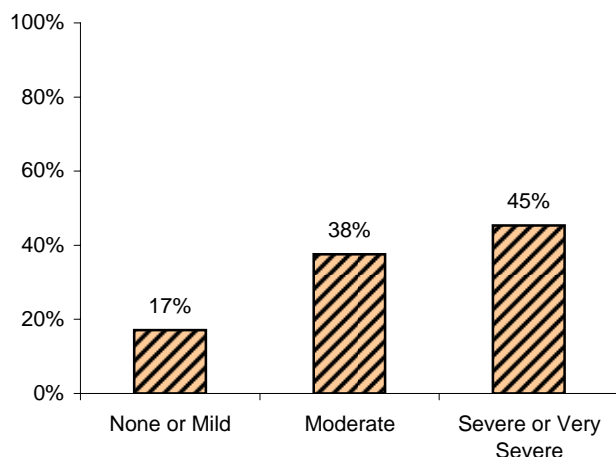
2-4: Health Insurance



Note : Refer to appendix for acronym definitions for all charts on this page.

Number of Initial Interviews: Eastpointe = 1,782

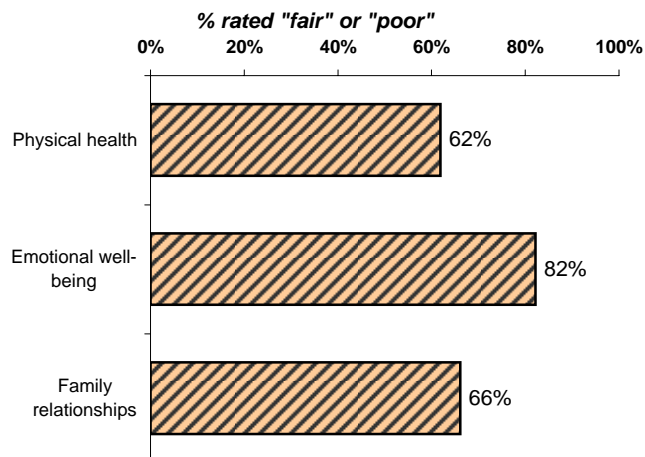
3-1: Severity of Mental Health Symptoms, Past Month



3-2: General Assessment of Functioning (GAF)

Among Eastpointe consumers, the average GAF score was 45.7 and the median score was 45.

3-3: Consumer Ratings on Quality of Life



3-4: Experienced Violence

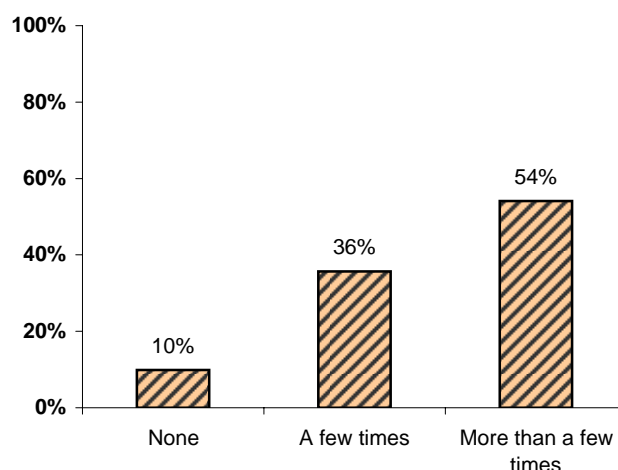
	%
Physical violence, past 3 months	9%
Sexual violence, ever	15%
Sexual violence, past 3 months	1%

3-5: DSM-IV Diagnoses

Diagnostic Category	%
Major Depression	44%
Schizophrenia	20%
Bipolar disorder	19%
Anxiety disorder	10%
PTSD	8%
Personality disorder	7%
Alcohol Abuse	6%
Alcohol Dependence	12%
Drug Abuse	8%
Drug Dependence	17%

* Only most commonly diagnosed conditions shown.

3-6: How Often Problems Interfere with Work, School, or Other Daily Activities, Past 3 Months



3-7: Lifetime Suicide Attempts

31% of Eastpointe consumers have attempted suicide at least once during their lifetime.

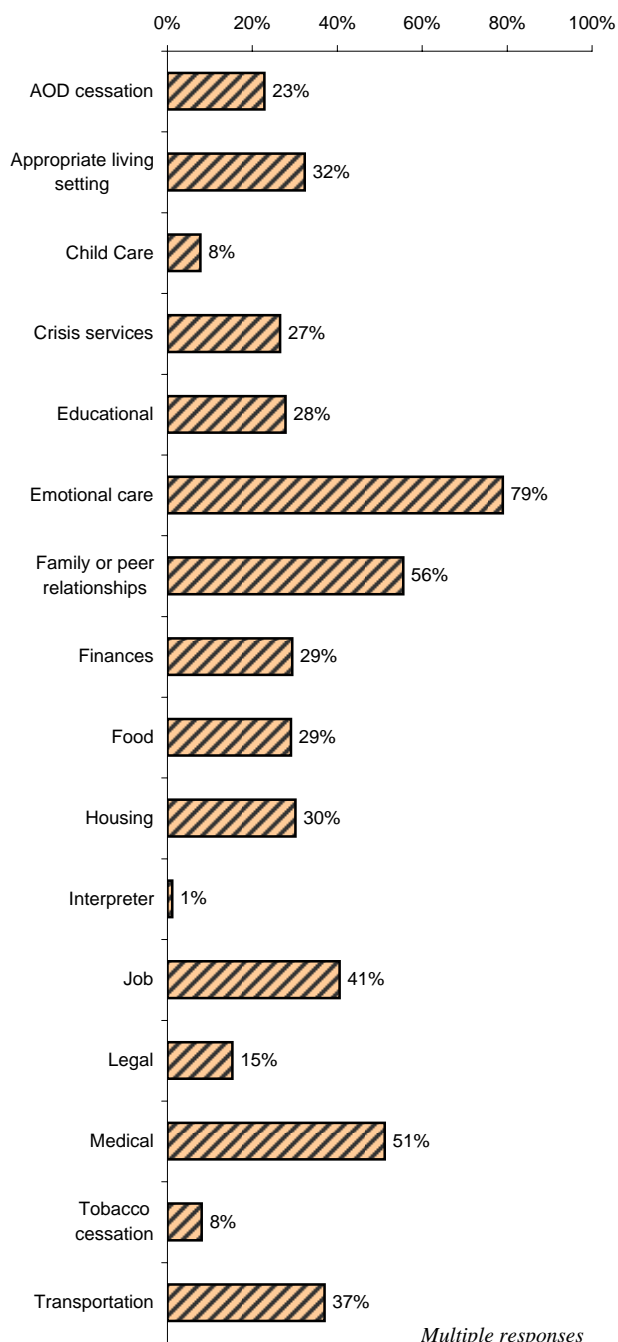
3-8: Behavior Problems and Symptoms Expressed, Past 3 Months

	%
Suicidal thoughts	34%
Tried to hurt or cause self pain	9%
Risky sexual activity	4%
Hit/physically hurt another person	10%

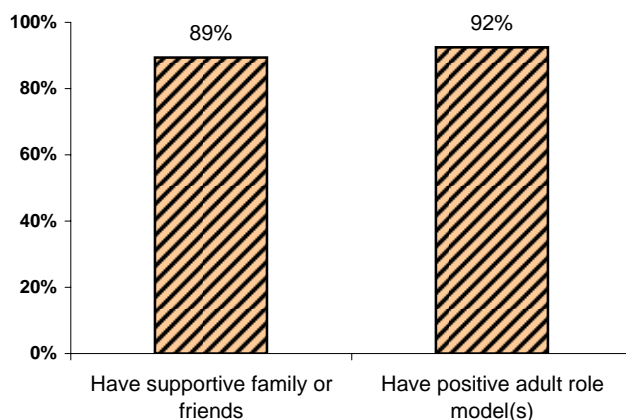
4-1: Public or Private Health Care Provider

Among Eastpointe consumers, 55% report that they have a health care provider and 51% have seen their provider within the past year.

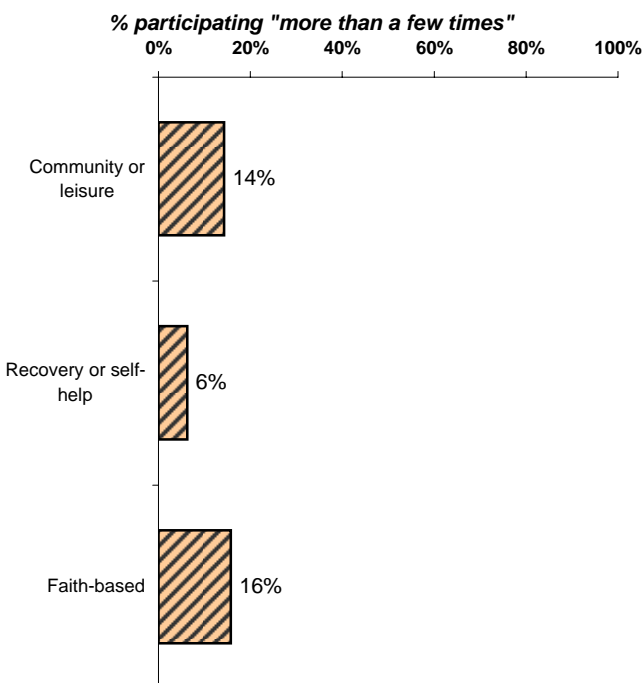
4-2: Service Needs Rated "Very Important"



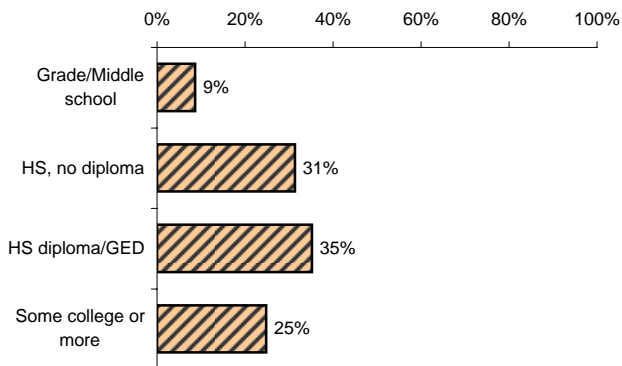
4-3: Support for Recovery



4-4: Consumer Participation in Positive Activities, Past 3 Months



5-1: Highest Educational Achievement



5-2: Marital Status

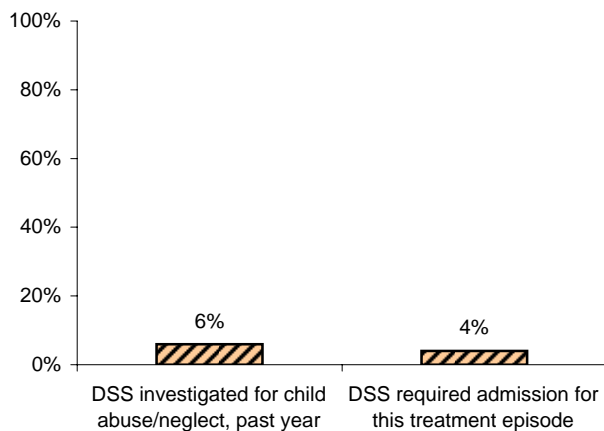
Never married	48%
Married or living as	20%
Divorced/Widowed/Separated	32%

5-3: Children Under 18

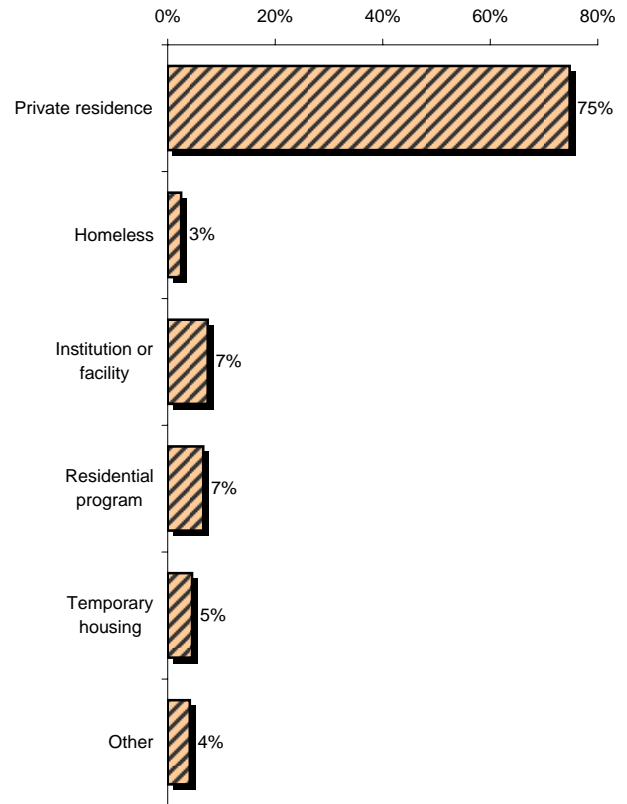
37% of Eastpointe consumers have children under age 18.

Of those with children...	
Have custody of all children	56%
Have custody of some children	9%
Have custody of none of children	35%

5-4: DSS Involvement



5-5: Where Lived



Note: Of Eastpointe homeless consumers, 29 were in shelters and 16 were not in shelters.

5-6: Times Moved Residences in the Past Year

No moves	59%
Moved once	24%
Moved two or more times	17%

5-7: Pregnancy Status

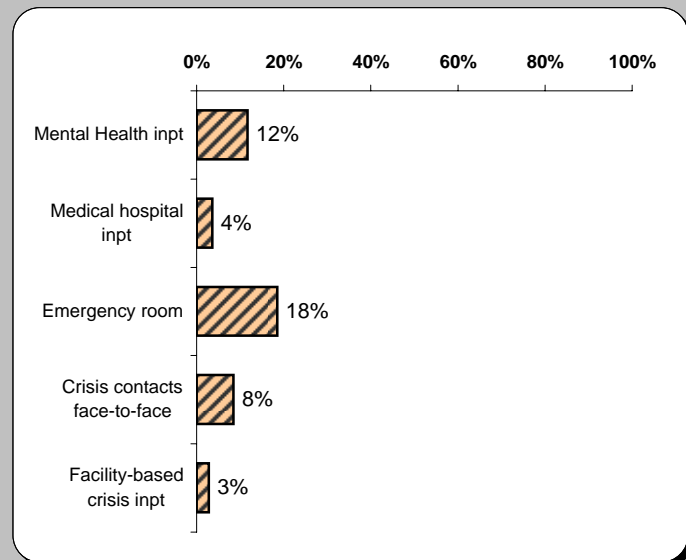
Number currently pregnant	19
Number uncertain about pregnancy status	10
Number in first trimester	2
Number in second trimester	7
Number in third trimester	8

Note: Numbers may not add, due to missing data.

6-1: Lifetime Admission for Inpatient Mental Health

36% of Eastpointe consumers have had inpatient mental health admissions.

6-2: Health Care: Types of Services Received in the Past 3 Months



6-3: Employment, Past 3 Months

59% of Eastpointe consumers are in the labor force meaning that they are working, or unemployed and looking for work.

Of those in the labor force...	
Employed full-time	21%
Employed part-time	22%
Unemployed (seeking work)	57%
Of those working...	
Supported employment	8%
Transitional employment	8%

6-4: Arrests Past Month

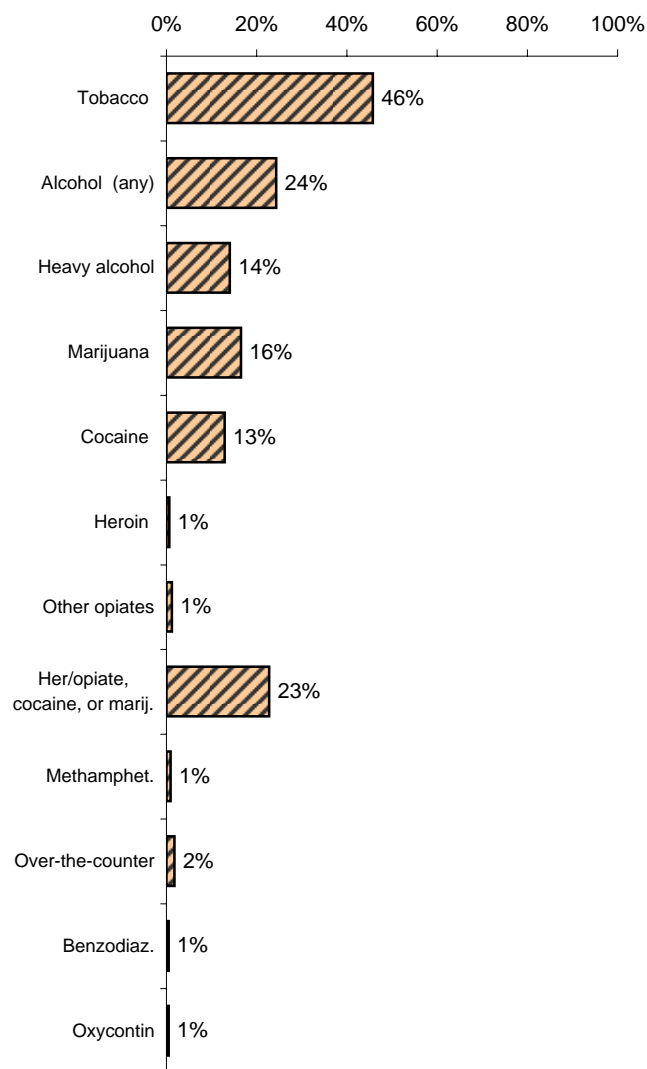
Any Arrest	4%
Misdemeanor Arrest	2%
Felony arrest	0%

6-5: Justice System Involvement

10% of Eastpointe consumers were under correctional supervision at admission. The court or criminal justice system required treatment for 6%.

6-6: Self-Report Substance Use, Past 12 Months

Bars show % with any use



6-7: Cigarette Smoking

Overall, 45% of Eastpointe consumers report that they smoked cigarettes in the past month and 20% smoked a pack a day or more.

Appendix

Adult Mental Health

Acronyms and Abbreviations

Acronym or Term	Definition
ACT	Assertive Community Treatment
ADMRI	Target population: Adult with both mental retardation and mental illness
ADSN	Target population: Adult with Developmental Disability
Af American	African American
AMDEF	Target population: Adult MH consumer who is deaf or hard of hearing
AMOLM	Target population: Adult MH consumer receiving Olmstead services
AMPAT	Target population: Adult MH consumer who is homeless (PATH program)
AMSMI	Target population: Adult with serious mental illness
AMSPM	Target population: Adult with serious and persistent mental illness
AOD	Alcohol or other drugs
ASCDR	Target population: Adult injection drug user at risk for communicable disease
ASCJO	Target population: Adult SA consumer who is a criminal justice offender
ASDHH	Target population: Adult SA consumer who is deaf or hard of hearing
ASDSS	Target population: Adult SA consumer who is involved with DSS
ASDWI	Target population: Adult SA consumer who is receiving DWI offender treatment
ASHMT	Target population: Adult with a chronic substance abuse disorder
ASHOM	Target population: Adult SA consumer who is homeless
ASWOM	Target population: Adult SA consumer who is pregnant or has dependent children
Benzodiaz.	Benzodiazepine(s)
Buprenorph.	Buprenorphine
CASAWORKS	Residential program initiative designed to help substance-abusing women
Cauc.	Caucasian
Crim. Justice or CJ	Criminal Justice
CST	Community support team
Detox	Detoxification
DSM	Diagnostic and Statistical Manual (Edition IV)
DSS	Division of Social Services
DWI	Driving while Impaired
GED	General Education Diploma (High School Equivalency)
H or I felon	Class H or I felon (controlled substance) who applied for food stamps
Her	Heroin
HS	High School
IDU	Injection drug use(r)
Marij.	Marijuana
Med. Mgmt.	Psychiatric medication management services
Methamphet.	Methamphetamine(s)
Methamphet. Tx. Initiat.	Methamphetamine Treatment Initiative program
MH	Mental Health
Outpt. Commitment	Outpatient Commitment
PSR	Psychosocial rehabilitation
PTSD	Post-traumatic Stress disorder
SA	Substance Abuse
SSI/SSDI	Supplemental Security Income or Social Security Disability Insurance
TASC	Treatment Accountability for Safer Communities
TBI	Traumatic brain injury
Work First	DSS program for temporary assistance to needy families